Martha Washington



12 ½ inch unfinished block

For flying geese: (given)

For center square: (you provide)

Cut 4 each from pink fabric:	Cut 8 from red fabric:
3 1/2" squares	3 1/2" squares
3 1/2" by 6 1/2" rectangles	
Cut from off-white fabric:	Cut 1 from a dark fabric:
Two 4"squares	4 1/4" square
One 4 1/4" square	

To make flying geese (Make 4):

1. Draw a diagonal line on the wrong side of each $3 \frac{1}{2}$ red square.



2. Place one red square on the left side of one pink rectangle with right sides together. Sew along the diagonal line. Hint: Sew slightly off the line toward the outer corner and the unit will measure a more accurate 3 1/2" X 6 1/2".



3. Cut 1/4" away from the sewn line and press open toward the red fabric.



4. Place a second red square on the right side of the rectangle with rights sides together and repeat step #2.



5. Trim 1/4'' from the sewn line and press open toward the red fabric.



Square up unit to measure 6 $1/2'' \times 3 1/2''$. Repeat 3 more times and place all 4 completed flying geese units to one side. Now work on the center square unit.

To make center square:

1. Cut both of the 4" off-white squares once on a diagonal. Set aside.



2. Place a dark 4 1/4" square on the off–white 4 1/4" square with right sides together. Cut on both diagonals to make four quarter-square triangles sets.



3. Using scant 1/4" seam, sew each set together as shown below. Press set open toward the darker fabric. Do this a total of 4 times so you have 4 units.



 Place one of these units and one of the off-white triangles from step 1 with right sides together. Sew using a scant 1/4" seam. Press open towards the off-white triangle. Square up unit to 3 1/2". Repeat three more times.



5. Sew all four of these units together as shown below.



This center square should measure 6 1/2" X 6 1/2".

Sew all units together (using the four 3 ½ inch pink squares in the corner) in three rows using all scant 1/4" seams, as shown below. Press seams in alternating directions by row.

